

Paris Independent Schools Breakfast and Lunch Menu Elementary 2018 - 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Smackers With Waffles/Syrup Mixed Fruit Juice /Milk Choice	Egg Patty/ Bacon Toast/ Grapes Juice / Milk Choice	WG Chocolate Donuts Applesauce / Juice Milk Choice	Sausage Biscuit Pears/ Juice Milk Choice	Mini Pancakes / Syrup Peaches/ Juice Milk Choice
	Paris Pride Burger/ bun Lettuce/ Tomato WG Chips California blend/ baked beans Strawberry Cup/ Mixed Fruit Milk Choice	Chicken Strips Mashed Potatoes Green Beans WG Roll Pineapple/ Apple slices Milk Choice	Two BOSCO Sticks Marinara Cup Potato Wedges Garden Spinach Salad Cucumbers/ Red Peppers Ranch Cup / Orange Slices Pears Milk Choice	Taco Bar/ Refried Beans Tortilla Chips Salsa Cup Mexican Rice/ Corn/ Lettuce/ Tomato/Cheeses Cup of Queso Cheese Dip Grapes/ Applesauce Milk Choice	Fish Sticks Brown Beans/ Tater Tots Mac & Cheese Cornbread Loaf Peaches/ Orange Slices Milk Choice
Week 2	Egg Omelet/ Bacon Pears/Juice Milk Choice	Powder Donuts Strawberry Cup Juice/ Milk Choice	Biscuit/ Gravy Peaches/ Juice Milk Choice	Pancake Sausage Stick Syrup/ Banana Juice Milk Choice	Breakfast Pizza Mixed Fruit/ Juice Milk Choice
	Salisbury Steak / Brown Gravy Whole Potatoes Green beans WG Roll Mixed Fruit & Apple Slices Milk Choice	Hot Dog / Bun Broccoli/ W Cheese Doritos/WG Cookie Strawberry Cup Orange Slices Milk Choice	Little Caesars Pizza Corn/ Lettuce/ Tomato Garden Spinach Salad Cucumber/ Red Peppers Ranch Cup Apple Slices/ Berry Cup Milk Choice	Chicken Patty/ WG Bun Lettuce/ Tomato Curly Fries/ Peas Orange Slices/Mixed Fruit Milk Choice	Spaghetti/ Meatballs Garden Spinach Salad Carrots / Ranch Cup Garlic Bread Banana/ Pineapple Milk Choice
Week 3	Ham & Cheese/ Biscuit Pineapple Juice/ Milk Choice	Egg Omelet/ Sausage Patty Mix Fruit/ Juice Milk Choice	Blueberry Muffin Colby Jack Cheese Stick Berry Cup/ Juice Milk Choice	Dutch Waffle/ Syrup Strawberry Cup/ Juice Milk Choice	Breakfast Burrito Pineapple/Juice Milk Choice
	Oven Chicken leg Steamed Broccoli Cheese Potatoes Mixed Fruit/ Orange Slices Milk Choice	Grilled Cheese Potato Wedges Celery/ Carrots Ranch Cup Grapes/ Strawberry Cup Milk Choice	Mini Corn Dogs Bake Beans Steamed Carrots WG Chips/ WG Cookie Pears/ Orange Slices Milk Choice	Turkey and Gravy Green Beans Mash Potatoes/ WG Rolls Peaches/ Banana Milk Choice	WG Schools Pizza/ Corn Garden Spinach salad Red Pepper/ Cucumbers Ranch Cup Grapes/ Apple Slice Milk Choice

AUGUST
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

SEPTEMBER
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30

OCTOBER
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

NOVEMBER
S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

DECEMBER
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

JANUARY
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

FEBRUARY
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27

MARCH
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30

APRIL
S M T W T F S
Spring Break 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

MAY
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

Breakfast Alternate Choice: Milk, Cereal, Whole Grain Poptart, and Assorted Juice offered daily

Lunch Alternate Choice: Peanut Butter Uncrustable, Chef Salad, or Lunchable

100% Whole Grain & Whole Wheat Breads offered

1% White, Fat Free Chocolate, Strawberry White Milk Served Daily

****Chili will be offered during Fall and Winter Months/Menu Subject to Change****

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